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(54) **ADJUSTABLE TOILET SEAT HANDLE**

(57) **ABSTRACT**

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An adjustable toilet seat handle including a clamping assembly, a spring member, and a knob is provided. The clamping assembly having a first clamp and a second clamp is removably connected to an undersurface of a toilet seat. A spring member connects the first clamp to the second clamp for defining a receptacle that compression fits the undersurface of the toilet seat. The spring member is operably connected to a lower surface of the clamping assembly and extends a distance between the first clamp and the second clamp to allow the undersurface of the toilet seat to be compression fitted in the receptacle. The knob is rigidly attached to and extends outwardly from the first clamp and can be gripped by a user to allow the user to raise or lower the toilet seat without direct contact with the toilet seat.

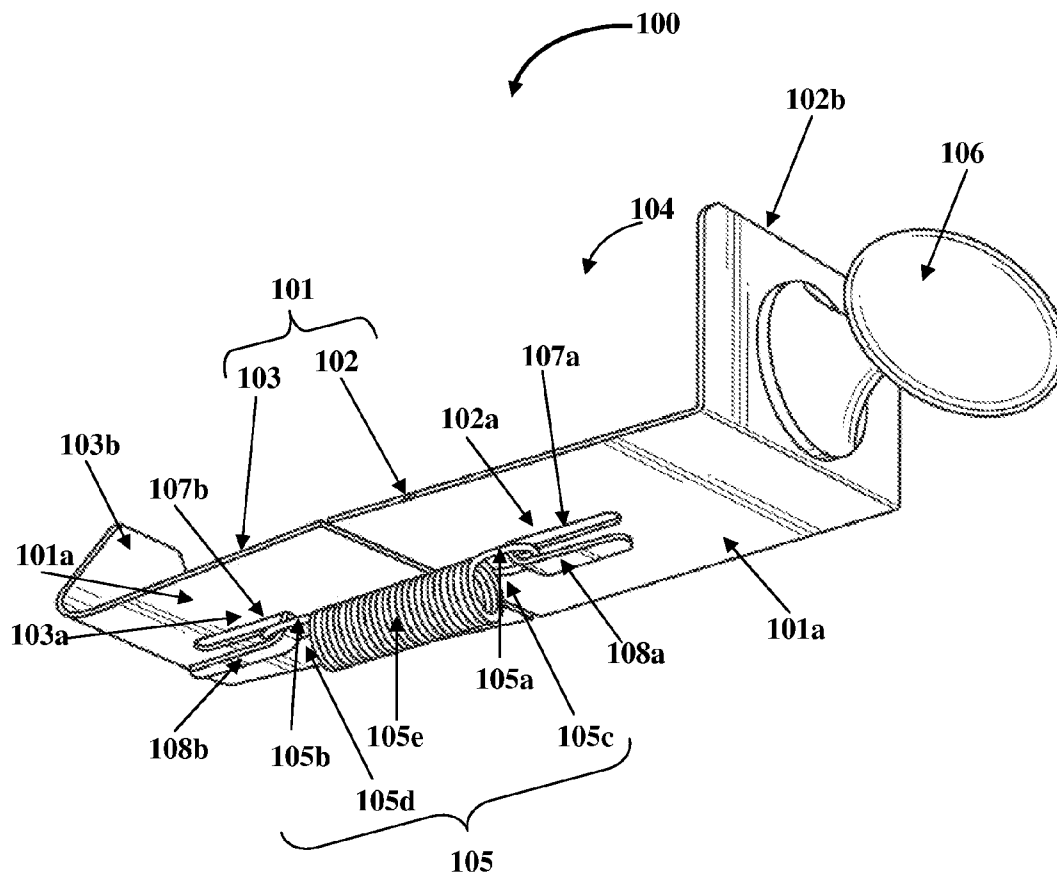
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USPC **4/246.1**



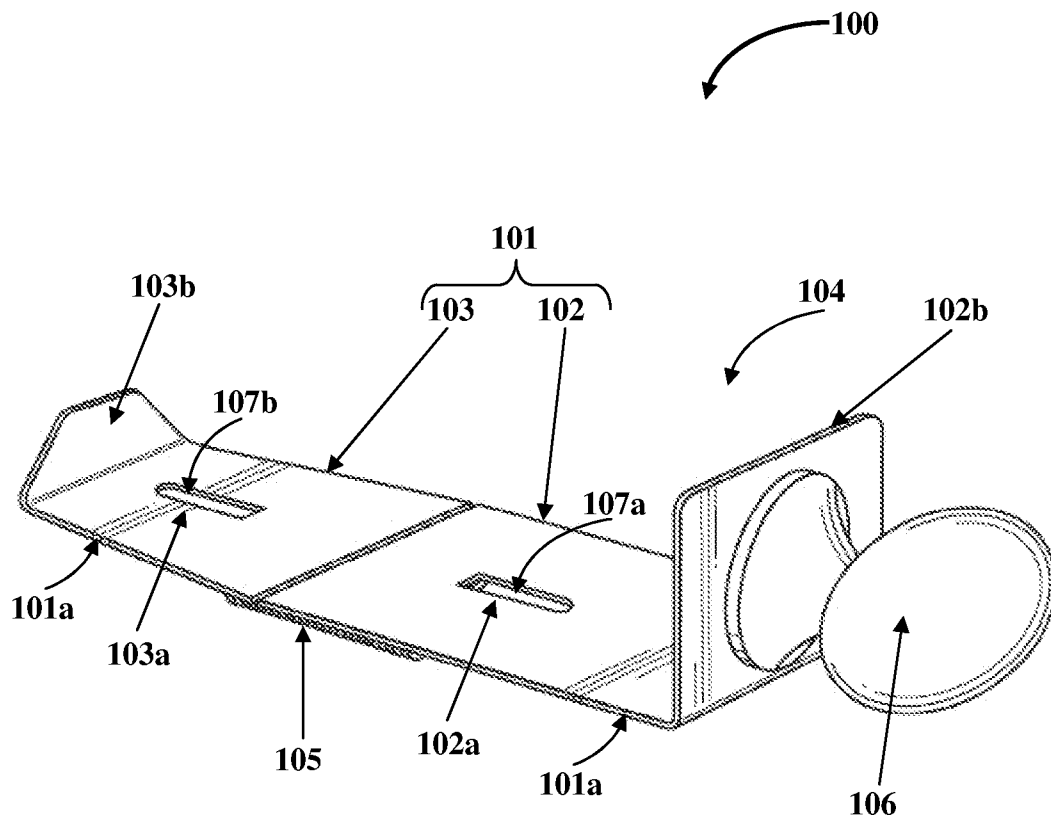


FIG. 1A

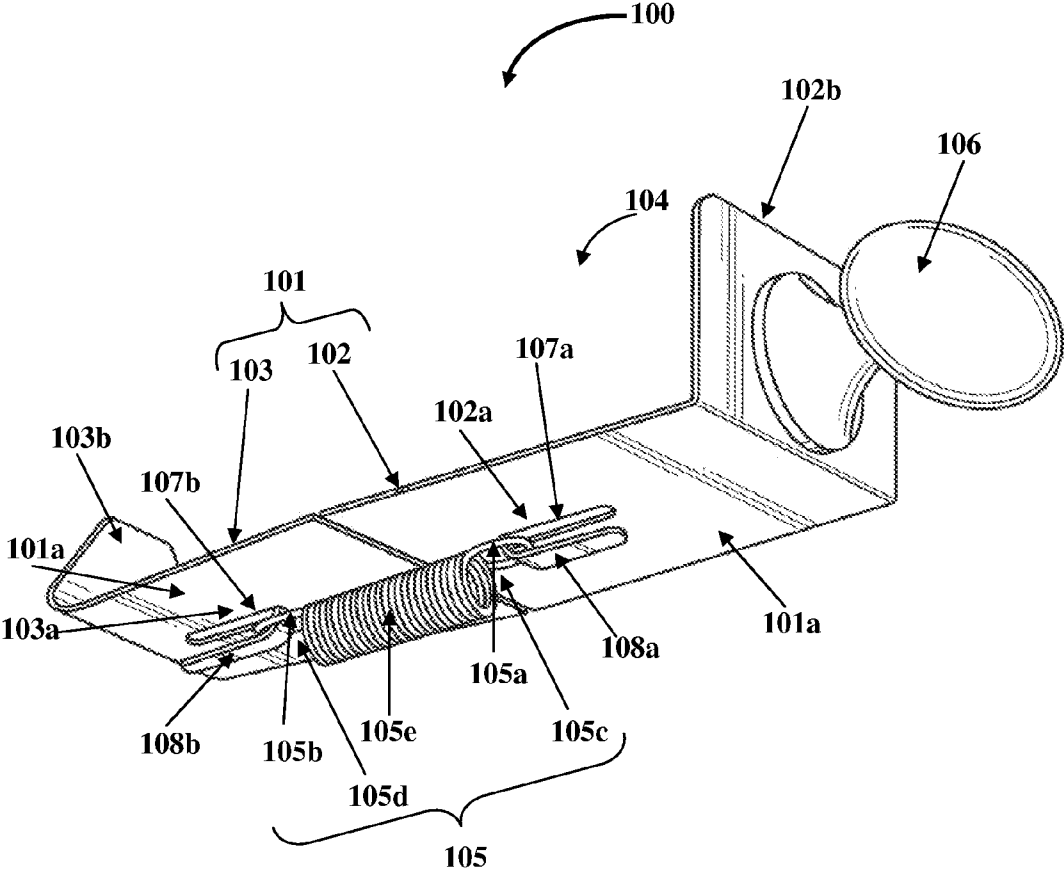


FIG. 1B

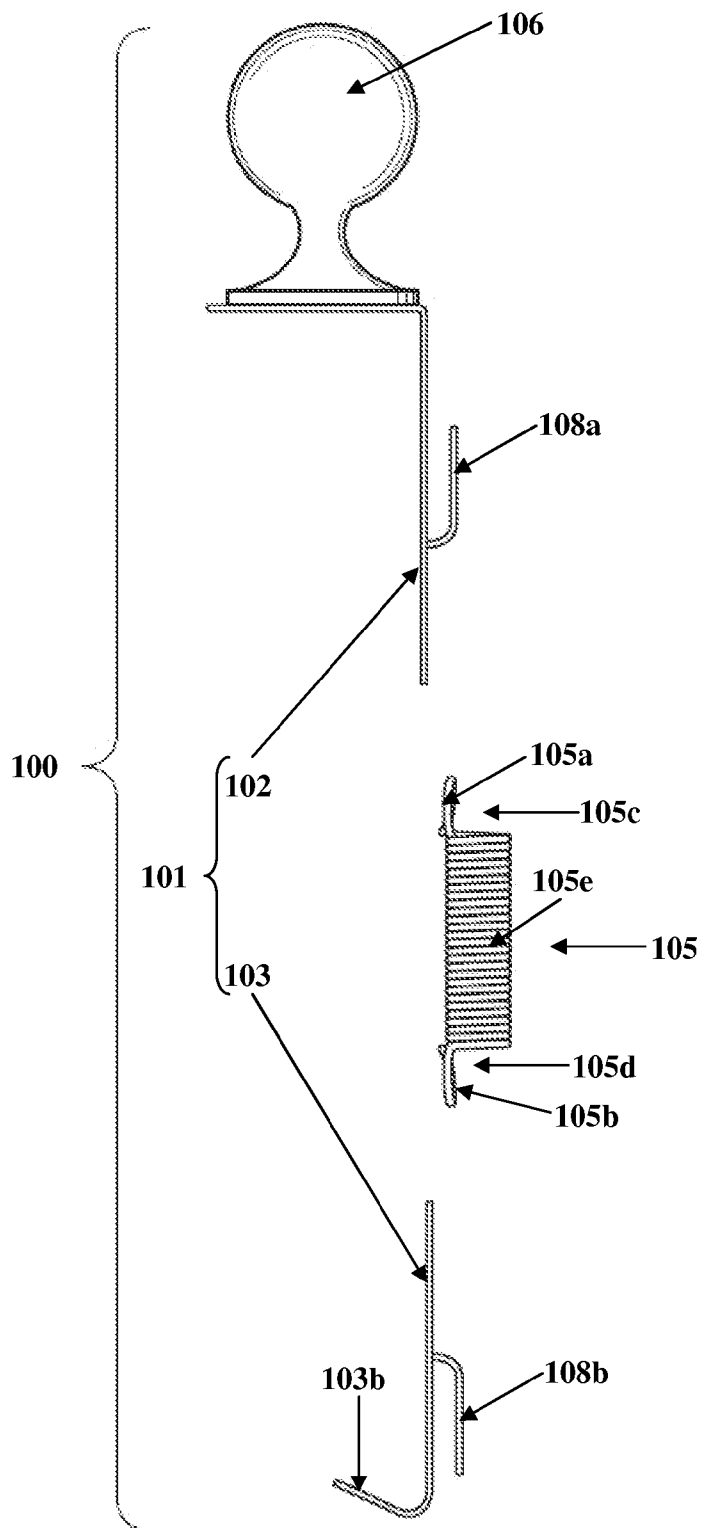


FIG. 2

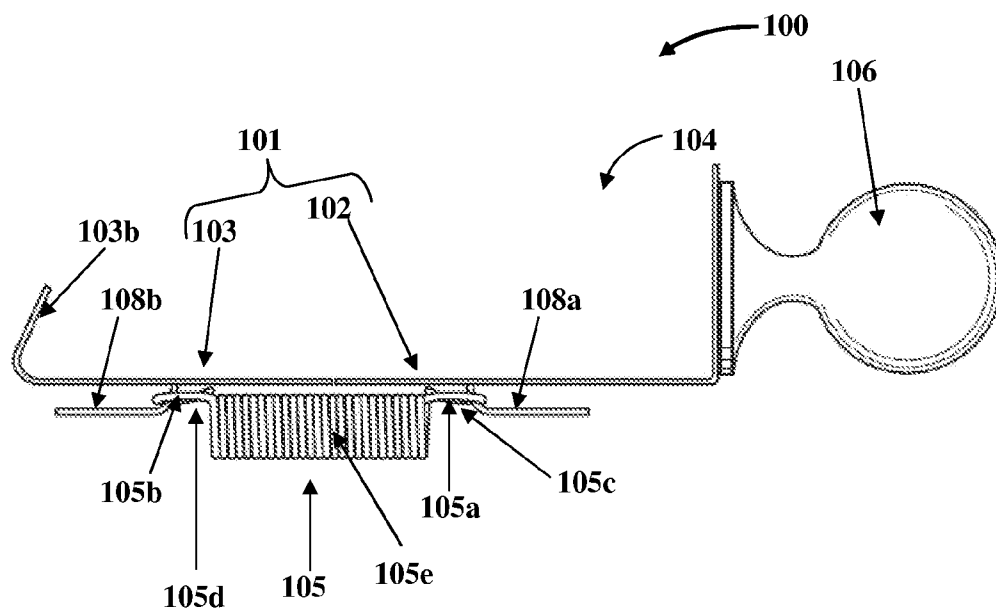


FIG. 3

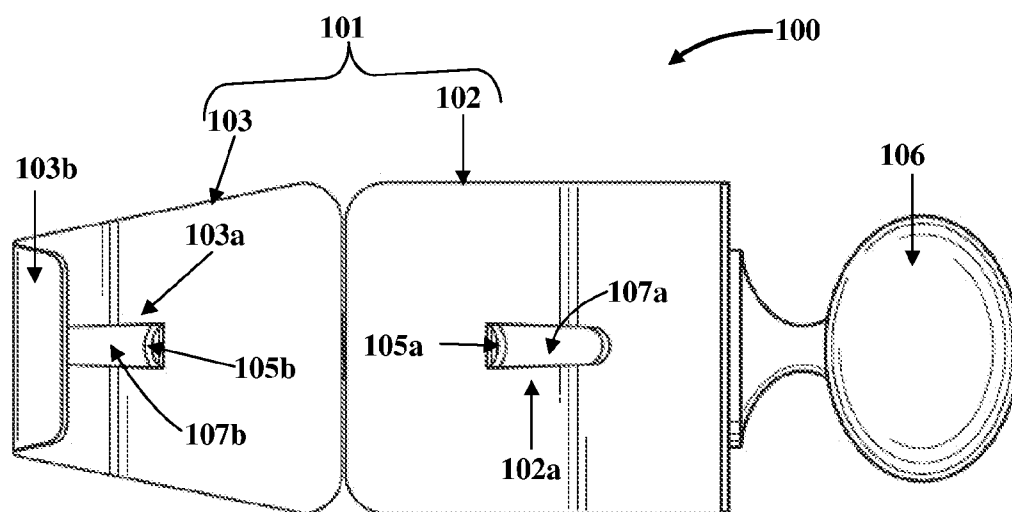


FIG. 4

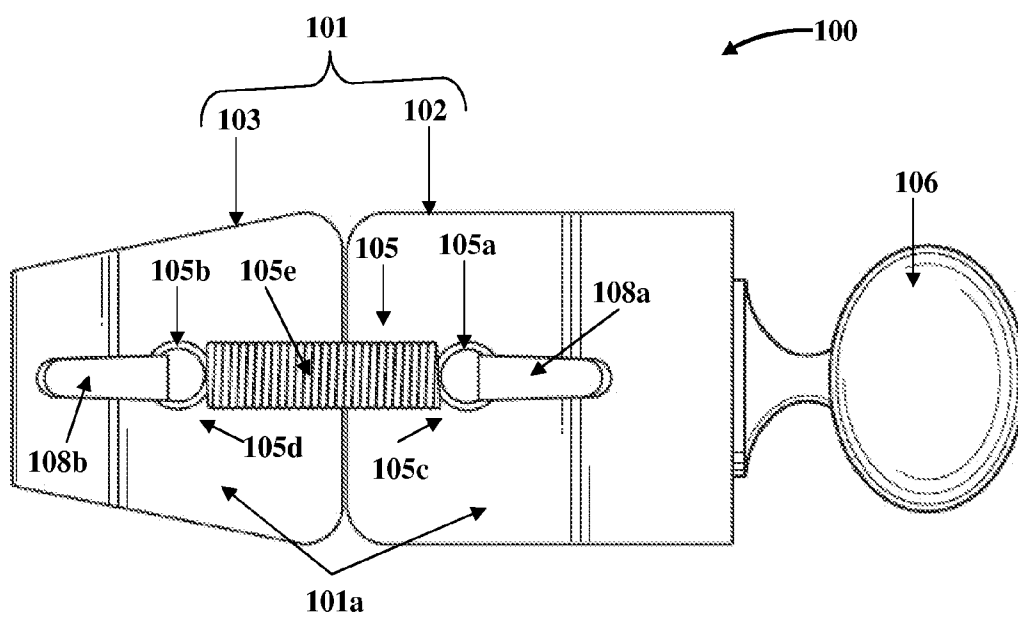


FIG. 5

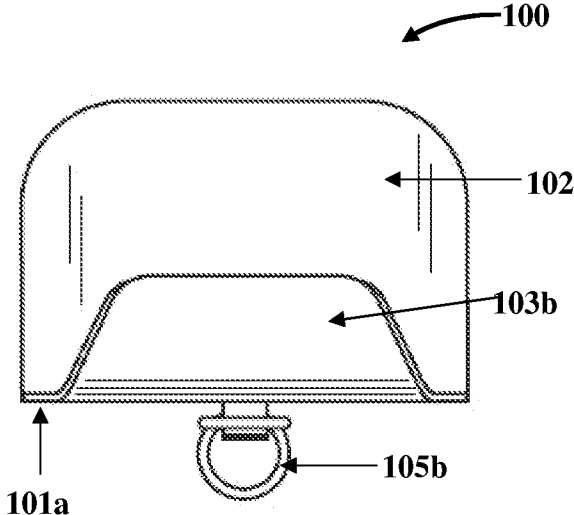


FIG. 6

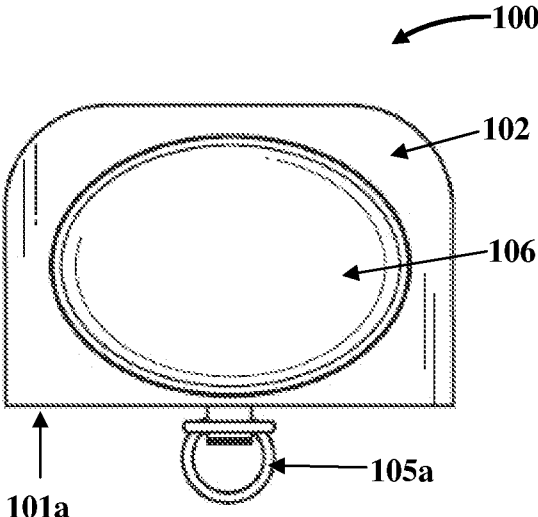


FIG. 7

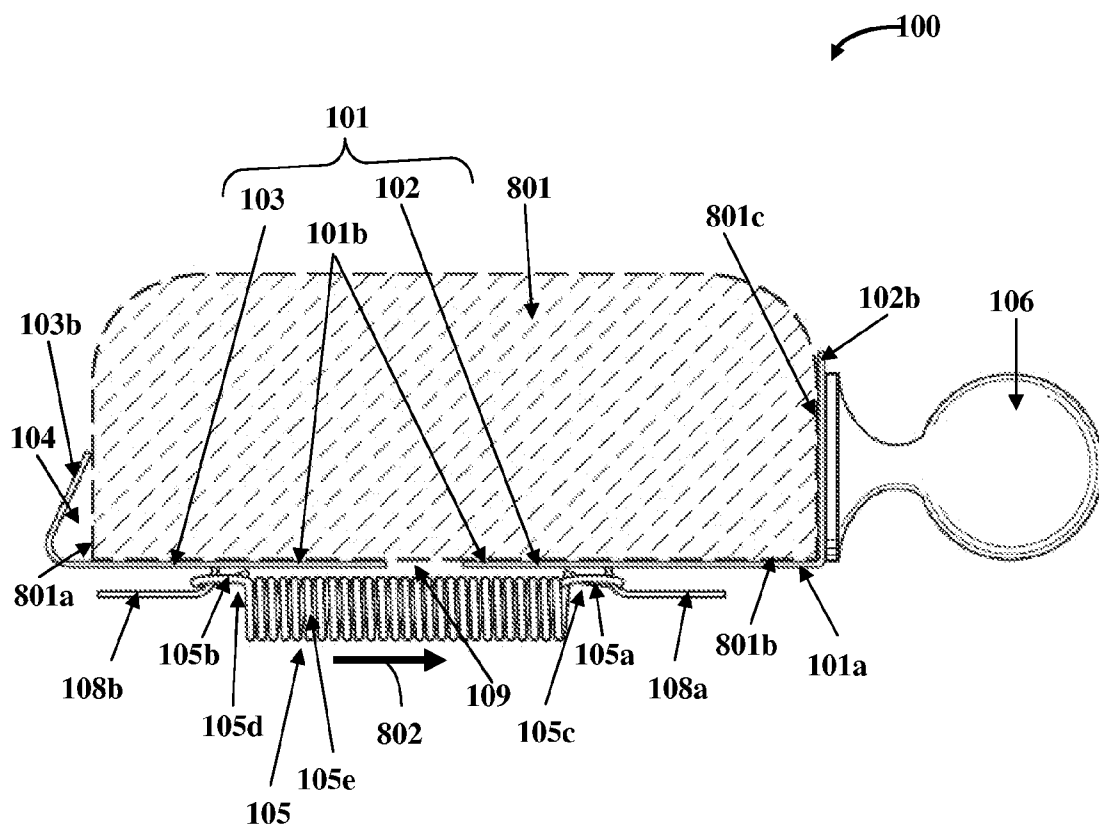


FIG. 8

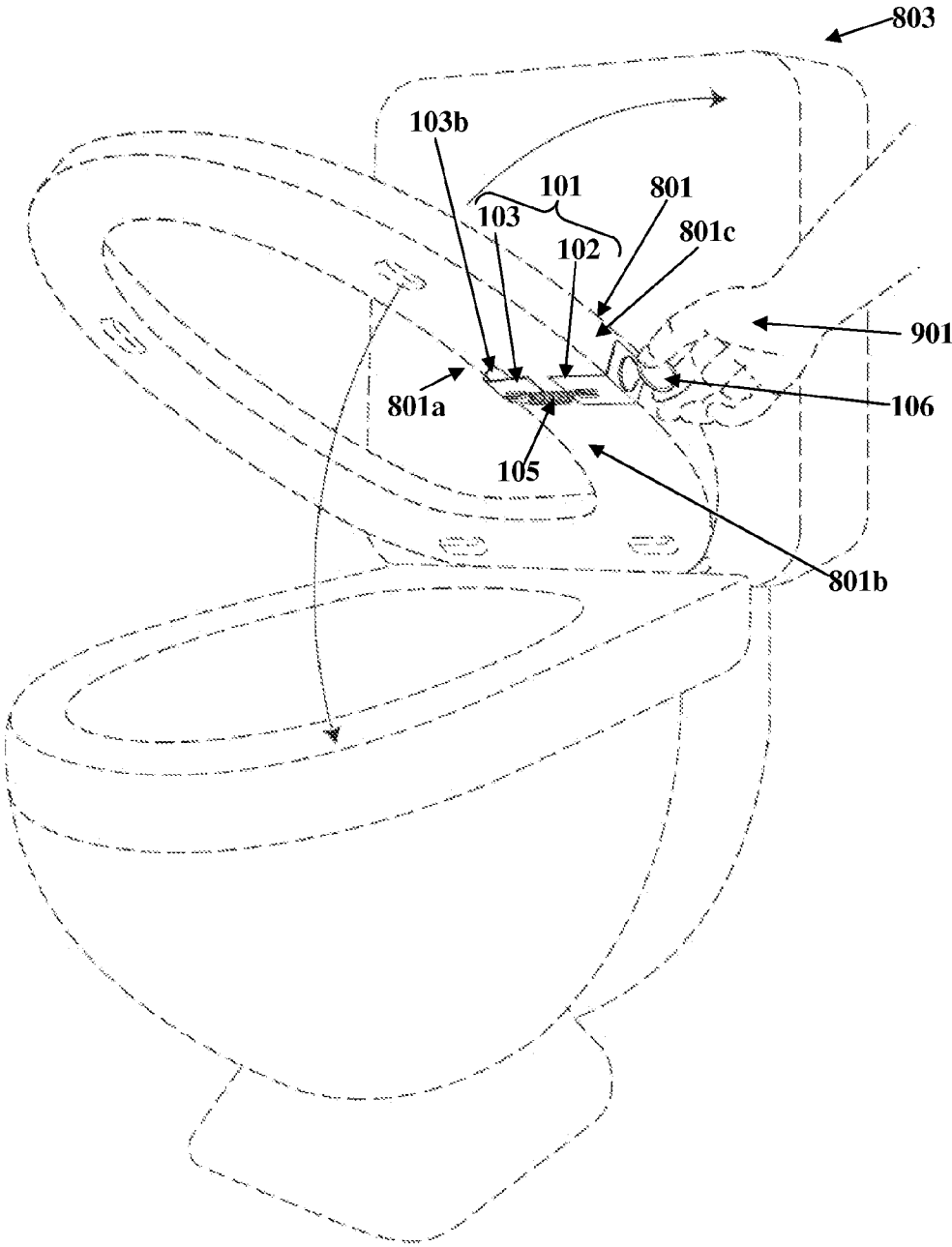


FIG. 9

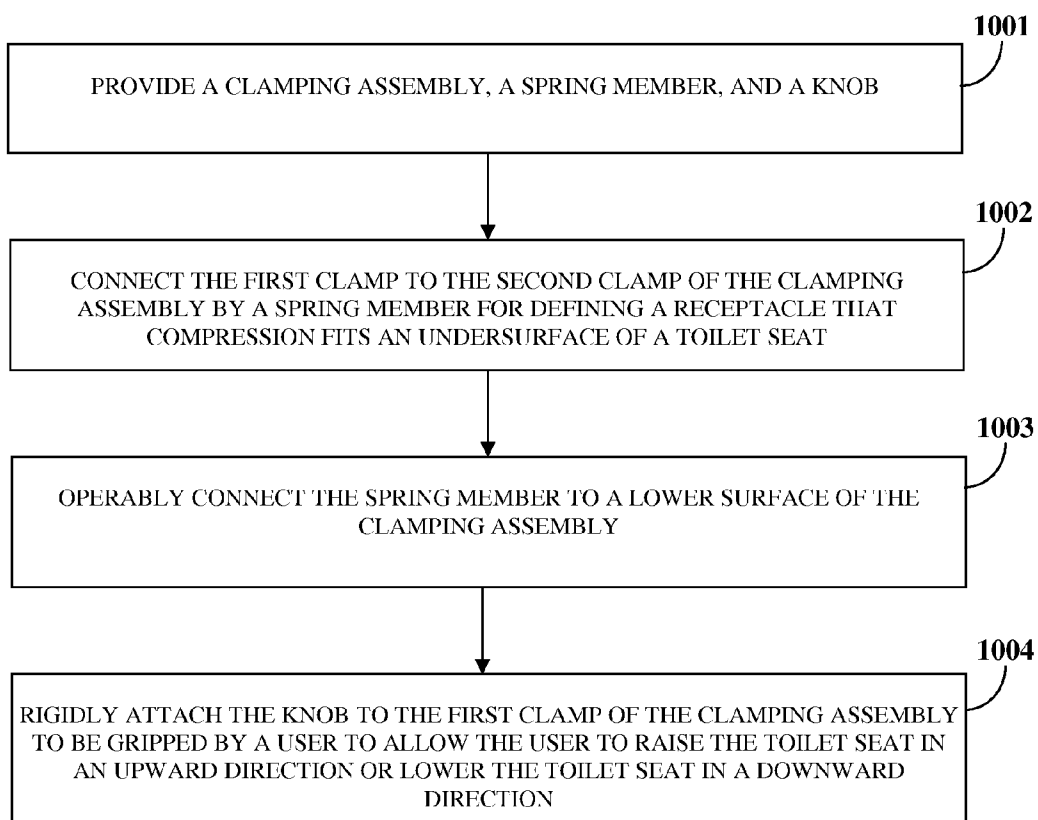


FIG. 10

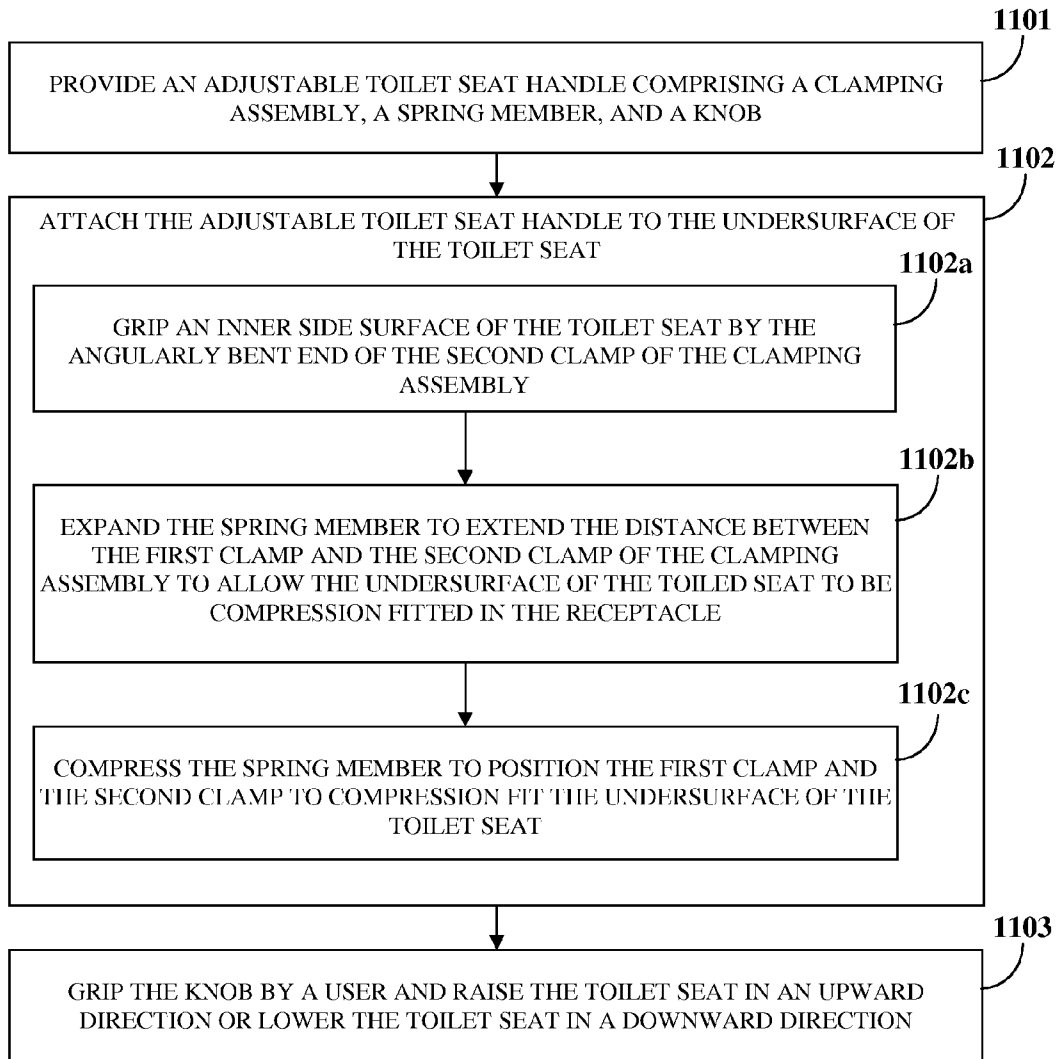


FIG. 11

ADJUSTABLE TOILET SEAT HANDLE

BACKGROUND

[0001] Due to its proximity to a toilet bowl, a toilet seat is likely to get contaminated by germs from the toilet bowl. Since a toilet is generally not sanitized following each use, germs residing on the toilet seat may be transferred to users who raise or lower the toilet seat before or after use. A user of the toilet typically uses his/her hand to raise or lower the toilet seat by manually grasping an edge or an undersurface of the toilet seat, which may transfer germs to the user's hand and may cause the user to contract infections. Conventional toilet seat handles used to avoid direct hand contact with the toilet seat typically do not fit a toilet seat of different sizes and cannot be adjusted to compression fit on a toilet seat of different sizes.

[0002] Hence, there is a long felt but unresolved need for an adjustable toilet seat handle that is configurable to compression fit on a toilet seat of any size for allowing a user to raise or lower the toilet seat without direct hand contact with the toilet seat.

SUMMARY OF THE INVENTION

[0003] This summary is provided to introduce a selection of concepts in a simplified form that are further disclosed in the detailed description of the invention. This summary is not intended to identify key or essential inventive concepts of the claimed subject matter, nor is it intended for determining the scope of the claimed subject matter.

[0004] The apparatus disclosed herein addresses the above mentioned need for an adjustable toilet seat handle that is configurable to compression fit on a toilet seat of any size for allowing a user to raise or lower the toilet seat without direct hand contact with the toilet seat. The adjustable toilet seat handle disclosed herein comprises a clamping assembly, a spring member, and a knob. The clamping assembly is configured to removably connect to an undersurface of a toilet seat. The clamping assembly comprises a first clamp and a second clamp. The first clamp is connected to the second clamp by a spring member for defining a receptacle that compression fits the undersurface of the toilet seat. The first clamp is, for example, an L-shaped clamp. The second clamp comprises an angularly bent end configured for gripping an inner side surface of the toilet seat.

[0005] In an embodiment, a slot is positioned at a predetermined location, for example, at a mid-section on each of the first clamp and the second clamp of the clamping assembly for adjustably positioning each of the first clamp and the second clamp on the undersurface of the toilet seat. The predetermined location of the slot is determined, for example, based on a length of the spring member. In an embodiment, a hook member extends downwardly from the slot of each of the first clamp and the second clamp of the clamping assembly, below the lower surface of the clamping assembly for supporting the spring member. In an embodiment, the slot is adjustably constructed to enable configuration of the hook member extending downwardly from the slot of each of the first clamp and the second clamp of the clamping assembly.

[0006] The spring member of the adjustable toilet seat handle is operably connected to a lower surface of the clamping assembly. The spring member is, for example, a tension spring made of stainless steel. The spring member is configured to extend a distance between the first clamp and the

second clamp of the clamping assembly to allow the undersurface of the toilet seat to be compression fitted in the receptacle. The upper surface of the clamping assembly is configured to grippingly contact the undersurface of the toilet seat. The spring member comprises a loop opening at each opposing end of the spring member for connecting each opposing end of the spring member onto the hook member that extends downwardly from the slot of each of the first clamp and the second clamp of the clamping assembly.

[0007] The knob is rigidly attached to and extends outwardly from the first clamp of the clamping assembly. The knob is configured to be gripped by a user to allow the user to raise the toilet seat in an upward direction or lower the toilet seat in a downward direction without direct contact with the toilet seat. The shape of the knob is, for example, a spherical shape, a cylindrical shape, a cubical shape, a square shape, a rectangular shape, or any other shape suitable for gripping by a user.

BRIEF DESCRIPTION OF THE DRAWINGS

[0008] The foregoing summary, as well as the following detailed description of the invention, is better understood when read in conjunction with the appended drawings. For the purpose of illustrating the invention, exemplary constructions of the invention are shown in the drawings. However, the invention is not limited to the specific methods and components disclosed herein.

[0009] FIG. 1A exemplarily illustrates a front isometric view of an adjustable toilet seat handle.

[0010] FIG. 1B exemplarily illustrates a bottom isometric view of the adjustable toilet seat handle.

[0011] FIG. 2 exemplarily illustrates a disassembled orthographic view of the adjustable toilet seat handle.

[0012] FIG. 3 exemplarily illustrates an assembled orthographic view of the adjustable toilet seat handle.

[0013] FIG. 4 exemplarily illustrates a top orthographic view of the adjustable toilet seat handle.

[0014] FIG. 5 exemplarily illustrates a bottom orthographic view of the adjustable toilet seat handle.

[0015] FIG. 6 exemplarily illustrates a left side orthographic view of the adjustable toilet seat handle.

[0016] FIG. 7 exemplarily illustrates a right side orthographic view of the adjustable toilet seat handle.

[0017] FIG. 8 exemplarily illustrates a front orthographic view of the adjustable toilet seat handle attached to an undersurface of a toilet seat.

[0018] FIG. 9 exemplarily illustrates a front perspective view, showing the adjustable toilet seat handle attached to an undersurface of a toilet seat for allowing a user to raise the toilet seat in an upward direction or lower the toilet seat in a downward direction without direct contact with the toilet seat.

[0019] FIG. 10 illustrates a method for assembling an adjustable toilet seat handle.

[0020] FIG. 11 illustrates a method for raising or lowering a toilet seat without direct contact with the toilet seat.

DETAILED DESCRIPTION OF THE INVENTION

[0021] FIG. 1A exemplarily illustrates a front isometric view of an adjustable toilet seat handle **100**. The adjustable toilet seat handle **100** comprises a clamping assembly **101**, a spring member **105**, and a knob **106**. The clamping assembly **101** is configured to removably connect to an undersurface

801b of a toilet seat **801** as exemplarily illustrated in FIGS. **8-9**. The clamping assembly **101** comprises a first clamp **102** and a second clamp **103**. The first clamp **102** is connected to the second clamp **103** by the spring member **105** for defining a receptacle **104** that compression fits the undersurface **801b** of the toilet seat **801**. In an embodiment, the first clamp **102** is an L-shaped clamp as exemplarily illustrated in FIGS. **2-3** and FIG. **8**. The second clamp **103** comprises an angularly bent end **103b** configured for gripping an inner side surface **801a** of the toilet seat **801** as exemplarily illustrated in FIGS. **8-9**.

[0022] The spring member **105** of the adjustable toilet seat handle **100** is operably connected to a lower surface **101a** of the clamping assembly **101** as disclosed in the detailed description of FIG. **1B**. The knob **106** is rigidly attached to and extends outwardly from the first clamp **102** of the clamping assembly **101**. The knob **106** is rigidly attached proximal to the upper end **102b** of the L-shaped first clamp **102**. The knob **106** is configured to be gripped by a user to allow the user to raise the toilet seat **801** in an upward direction or lower the toilet seat **801** in a downward direction without direct contact with the toilet seat **801** as exemplarily illustrated in FIG. **9**. In an embodiment, the first clamp **102** and the second clamp **103** comprise slots **107a** and **107b** respectively, positioned at predetermined locations, for example, at their mid-sections **102a** and **103a** respectively as disclosed in the detailed description of FIG. **4**. The slots **107a** and **107b** enable a user to adjustably position the first clamp **102** and the second clamp **103** respectively on the undersurface **801b** of the toilet seat **801**. The predetermined location of each of the slots **107a** and **107b** is determined, for example, based on a length of the spring member **105**.

[0023] FIG. **1B** exemplarily illustrates a bottom isometric view of the adjustable toilet seat handle **100**. The spring member **105** operably connected to the lower surface **101a** of the clamping assembly **101** of the adjustable toilet seat handle **100** is exemplarily illustrated in FIG. **1B**. The spring member **105** is, for example, a tension spring made of stainless steel. The stainless steel tension spring member **105** is moisture resistant and is therefore effective for use in the typically wet environment around a toilet bowl. Due to its corrosive resistant nature, the stainless steel tension spring member **105** can be used in a high moisture environment without corroding. In an embodiment, the adjustable toilet seat handle **100** further comprises hook members **108a** and **108b** that extend downwardly from the slots **107a** and **107b** of the first clamp **102** and the second clamp **103** respectively, of the clamping assembly **101**. The hook members **108a** and **108b** extend below the lower surface **101a** of the clamping assembly **101** for supporting the spring member **105**. The spring member **105** has a helically coiled body **105e** and comprises loop openings **105a** and **105b** at the opposing ends **105c** and **105d** respectively, of the helically coiled body **105e** of the spring member **105**. The loop openings **105a** and **105b** connect the opposing ends **105c** and **105d** of the spring member **105** respectively to the hook members **108a** and **108b** of the first clamp **102** and the second clamp **103** respectively. The hook members **108a** and **108b** of the first clamp **102** and the second clamp **103** respectively allow the spring member **105** to be removed and replaced easily.

[0024] The slots **107a** and **107b** of the first clamp **102** and the second clamp **103** respectively are adjustably constructed to enable configuration of the hook members **108a** and **108b** respectively extending downwardly from the slots **107a** and

107b of the first clamp **102** and the second clamp **103** respectively. The slots **107a** and **107b** enable a user to view the spring member **105** from the top of the adjustable toilet seat handle **100** to ensure that the spring member **105** is correctly positioned and attached to the hook members **108a** and **108b**, prior to attaching the adjustable toilet seat handle **100** to the undersurface **801b** of the toilet seat **801** exemplarily illustrated in FIGS. **8-9**. The predetermined locations for positioning the slots **107a** and **107b** on the first clamp **102** and the second clamp **103** respectively can be varied based on the length of the spring member **105**.

[0025] FIG. **2** and FIG. **3** exemplarily illustrate a disassembled orthographic view and an assembled orthographic view respectively, of the adjustable toilet seat handle **100**. FIG. **2** shows the first clamp **102**, the spring member **105**, and the second clamp **103** of the adjustable toilet seat handle **100** disclosed in the detailed description of FIGS. **1A-1B**. The spring member **105** is configured to extend the distance **109** between the first clamp **102** and the second clamp **103** of the clamping assembly **101** to allow the undersurface **801b** of the toilet seat **801** to be compression fitted in the receptacle **104** as exemplarily illustrated in FIG. **8**. The first clamp **102**, the spring member **105**, and the second clamp **103** of the adjustable toilet seat handle **100** are assembled as exemplarily illustrated in FIG. **3**.

[0026] FIG. **4** exemplarily illustrates a top orthographic view of the adjustable toilet seat handle **100**. FIG. **4** shows the angularly bent end **103b** of the second clamp **103** used for gripping the inner side surface **801a** of the toilet seat **801** as exemplarily illustrated in FIGS. **8-9**. FIG. **4** also shows the slots **107a** and **107b** positioned at predetermined locations, for example, at the mid-sections **102a** and **103a** on the first clamp **102** and the second clamp **103** respectively. During assembly and installation of the adjustable toilet seat handle **100** on the toilet seat **801**, the user can vary the position of the first clamp **102** and the second clamp **103** on the undersurface **801b** of the toilet seat **801** using the slots **107a** and **107b** of the first clamp **102** and the second clamp **103** respectively.

[0027] FIG. **5** exemplarily illustrates a bottom orthographic view of the adjustable toilet seat handle **100**. FIG. **5** shows the single loop openings **105a** and **105b** of the spring member **105** connected to the hook members **108a** and **108b** respectively extending downwardly from the first clamp **102** and the second clamp **103** respectively, below the lower surface **101a** of the clamping assembly **101**.

[0028] FIG. **6** and FIG. **7** exemplarily illustrate a left side orthographic view and a right side orthographic view respectively, of the adjustable toilet seat handle **100**. The left side orthographic view of the adjustable toilet seat handle **100**, exemplarily illustrated in FIG. **6**, shows the angularly bent end **103b** of the second clamp **103** used for gripping an inner side surface **801a** of the toilet seat **801** as exemplarily illustrated in FIGS. **8-9**. The right side orthographic view of the adjustable toilet seat handle **100**, exemplarily illustrated in FIG. **7**, shows the knob **106** rigidly attached to the first clamp **102** for gripping by a user. The shape of the knob **106** is, for example, a generally spherical shape. The knob **106** may also have, for example, a cylindrical shape, a cubical shape, a square shape, a rectangular shape, or any shape suitable for gripping by a user. FIGS. **6-7** also show the loop openings **105b** and **105a** of the spring member **105** that extends below the lower surface **101a** of the clamping assembly **101** exemplarily illustrated in FIG. **1B**.

[0029] FIG. 8 exemplarily illustrates a front orthographic view of the adjustable toilet seat handle 100 attached to an undersurface 801b of a toilet seat 801. The adjustable toilet seat handle 100 grips the inner side surface 801a of the toilet seat 801 through the angularly bent end 103b of the second clamp 103. The spring member 105 is configured to expand to extend the clamping assembly 101 to accommodate the undersurface 801b of the toilet seat 801 in the receptacle 104 and to compress for positioning the clamping assembly 101 in a compression fit configuration on the undersurface 801b of the toilet seat 801. The spring member 105 is extendable to removably compress fit the first clamp 102 and the second clamp 103 of the clamping assembly 101 on the undersurface 801b of the toilet seat 801.

[0030] For attaching the adjustable toilet seat handle 100 to the undersurface 801b of the toilet seat 801, the angularly bent end 103b of the second clamp 103 is positioned on the inner side surface 801a of the toilet seat 801 and the spring member 105 is extended by the application of a force along the direction shown by the arrow 802 in FIG. 8, till the end 102b of the first clamp 102 reaches the outer side surface 801c of the toilet seat 801, thereby accommodating the undersurface 801b of the toilet seat 801 in the receptacle 104. The upper surface 101b of the clamping assembly 101 is configured to grippingly contact the undersurface 801b of the toilet seat 801. The spring member 105 is expanded to extend the distance 109 between the first clamp 102 and the second clamp 103 to allow the angularly bent end 103b of the second clamp 103 to grip the adjustable toilet seat handle 100 against the inner side surface 801a of the toilet seat 801 and to allow the clamping assembly 101 to grip the undersurface 801b of the toilet seat 801 of different widths. When the adjustable toilet seat handle 100 is attached to the undersurface 801b of the toilet seat 801, the toilet seat 801 extends beyond the upper end 102b of the L-shaped first clamp 102. The adjustable toilet seat handle 100 can be attached to either side of the toilet seat 801 depending on the user's preference.

[0031] FIG. 9 exemplarily illustrates a front perspective view, showing the adjustable toilet seat handle 100 attached to an undersurface 801b of a toilet seat 801 for allowing a user to raise the toilet seat 801 in an upward direction or lower the toilet seat 801 in a downward direction without direct contact with the toilet seat 801. As illustrated in FIG. 9, the spring member 105 of the adjustable toilet seat handle 100 can be expanded and compressed to adjustably attach the adjustable toilet seat handle 100 to the undersurface 801b of a toilet seat 801 of varying dimensions. A user can hold the knob 106 of the attached toilet seat handle 100 with his/her hand 901 and then raise or lower the toilet seat 801 as exemplarily illustrated in FIG. 9, during use of the toilet 803, without touching the toilet seat 801.

[0032] FIG. 10 illustrates a method for assembling an adjustable toilet seat handle 100. A clamping assembly 101 comprising a first clamp 102 and a second clamp 103, a spring member 105, and a knob 106 as exemplarily illustrated in FIG. 2, is provided 1001. To assemble the adjustable toilet seat handle 100, the first clamp 102 is connected 1002 to the second clamp 103 by the spring member 105 for defining a receptacle 104 that compression fits the undersurface 801b of the toilet seat 801 as exemplarily illustrated in FIG. 8. The spring member 105 is operably connected 1003 to a lower surface 101a of the clamping assembly 101. For example, the loop openings 105a and 105b at the opposing ends 105c and 105d of the spring member 105 respectively are inserted onto

the hook members 108a and 108b that extend downwardly from the slots 107a and 107b respectively positioned at predetermined locations, for example, at the mid-sections 102a and 103a on the first clamp 102 and the second clamp 103 of the clamping assembly 101 as exemplarily illustrated in FIG. 1B, FIG. 3, FIG. 5, and FIG. 8. The spring member 105 is configured to extend the distance 109 between the first clamp 102 and the second clamp 103 of the clamping assembly 101 to accommodate the undersurface 801b of the toilet seat 801 in the receptacle 104 and to allow the first clamp 102 and the second clamp 103 to compression fit the undersurface 801b of the toilet seat 801. The knob 106 is rigidly attached 1004 to the first clamp 102 of the clamping assembly 101 to be gripped by a user to allow the user to raise the toilet seat 801 in an upward direction or lower the toilet seat 801 in a downward direction without direct contact with the toilet seat 801 as exemplarily illustrated in FIG. 9.

[0033] FIG. 11 illustrates a method for raising or lowering a toilet seat 801 without direct contact with the toilet seat 801 as exemplarily illustrated in FIGS. 8-9. An adjustable toilet seat handle 100 comprising a clamping assembly 101, a spring member 105, and a knob 106 as disclosed in the detailed description of FIGS. 1A-7 is provided 1101. The clamping assembly 101 comprises a first clamp 102 and a second clamp 103 having an angularly bent end 103b. The adjustable toilet seat handle 100 is attached 1102 to the undersurface 801b of the toilet seat 801 as follows: The inner side surface 801a of the toilet seat 801 is gripped 1102a by the angularly bent end 103b of the second clamp 103 of the clamping assembly 101. The spring member 105 is expanded 1102b to extend the distance 109 between the first clamp 102 and the second clamp 103 of the clamping assembly 101 to allow the undersurface 801b of the toilet seat 801 to be compression fitted in the receptacle 104. The spring member 105 is compressed 1102c to position the first clamp 102 and the second clamp 103 to compression fit the undersurface 801b of the toilet seat 801. The upper surface 101b of the clamping assembly 101 grippingly contacts the undersurface 801b of the toilet seat 801. A user grips 1103 the knob 106 of the adjustable toilet seat handle 100 and raises the toilet seat 801 in an upward direction or lowers the toilet seat 801 in a downward direction without direct contact with the toilet seat 801.

[0034] The foregoing examples have been provided merely for the purpose of explanation and are in no way to be construed as limiting of the present invention disclosed herein. While the invention has been described with reference to various embodiments, it is understood that the words, which have been used herein, are words of description and illustration, rather than words of limitation. Further, although the invention has been described herein with reference to particular means, materials, and embodiments, the invention is not intended to be limited to the particulars disclosed herein; rather, the invention extends to all functionally equivalent structures, methods and uses, such as are within the scope of the appended claims. Those skilled in the art, having the benefit of the teachings of this specification, may affect numerous modifications thereto and changes may be made without departing from the scope and spirit of the invention in its aspects.

I claim:

1. An adjustable toilet seat handle, comprising:
 - a clamping assembly configured to removably connect to an undersurface of a toilet seat, said clamping assembly

comprising a first clamp and a second clamp, said first clamp connected to said second clamp by a spring member for defining a receptacle that compression fits said undersurface of said toilet seat;

said spring member operably connected to a lower surface of said clamping assembly, wherein said spring member is configured to extend a distance between said first clamp and said second clamp of said clamping assembly to allow said undersurface of said toilet seat to be compression fitted in said receptacle, and wherein an upper surface of said clamping assembly is configured to grippingly contact said undersurface of said toilet seat; and a knob rigidly attached to and extending outwardly from said first clamp of said clamping assembly, said knob configured to be gripped by a user to allow said user to one of raise said toilet seat in an upward direction and lower said toilet seat in a downward direction without direct contact with said toilet seat.

2. The adjustable toilet seat handle of claim 1, wherein said first clamp is an L-shaped clamp.

3. The adjustable toilet seat handle of claim 1, wherein said second clamp comprises an angularly bent end configured for gripping an inner side surface of said toilet seat.

4. The adjustable toilet seat handle of claim 1, wherein said spring member is a tension spring made of stainless steel.

5. The adjustable toilet seat handle of claim 1, further comprising a slot positioned at a predetermined location on each of said first clamp and said second clamp of said clamping assembly for adjustably positioning said each of said first clamp and said second clamp on said undersurface of said toilet seat.

6. The adjustable toilet seat handle of claim 5, wherein said predetermined location of said slot is determined based on a length of said spring member.

7. The adjustable toilet seat handle of claim 5, further comprising a hook member extending downwardly from said slot of said each of said first clamp and said second clamp of said clamping assembly, below said lower surface of said clamping assembly for supporting said spring member.

8. The adjustable toilet seat handle of claim 7, wherein said slot is adjustably constructed to enable configuration of said hook member extending downwardly from said slot of said each of said first clamp and said second clamp of said clamping assembly.

9. The adjustable toilet seat handle of claim 7, wherein said spring member comprises a loop opening at each opposing end of said spring member for connecting said each said opposing end of said spring member to said hook member that extends downwardly from said slot of said each of said first clamp and said second clamp of said clamping assembly.

10. The adjustable toilet seat handle of claim 1, wherein a shape of said knob is one of a spherical shape, a cylindrical shape, a cubical shape, a square shape, and a rectangular shape.

11. A method for assembling an adjustable toilet seat handle, comprising:

- providing a clamping assembly, a spring member, and a knob, said clamping assembly comprising a first clamp and a second clamp;
- connecting said first clamp to said second clamp of said clamping assembly by said spring member for defining a receptacle that compression fits an undersurface of a toilet seat;

- operably connecting said spring member to a lower surface of said clamping assembly, wherein said spring member is configured to extend a distance between said first clamp and said second clamp of said clamping assembly to allow said undersurface of said toilet seat to be compression fitted in said receptacle, and wherein an upper surface of said clamping assembly is configured to grippingly contact said undersurface of said toilet seat; and rigidly attaching said knob to said first clamp of said clamping assembly to be gripped by a user to allow said user to one of raise said toilet seat in an upward direction and lower said toilet seat in a downward direction without direct contact with said toilet seat.

12. The method of claim 11, wherein said first clamp is an L-shaped clamp.

13. The method of claim 11, wherein said second clamp comprises an angularly bent end configured for gripping an inner side surface of said toilet seat.

14. The method of claim 11, wherein said spring member is a tension spring made of stainless steel.

15. The method of claim 11, wherein said operable connection of said spring member to said lower surface of said clamping assembly comprises inserting a loop opening at each opposing end of said spring member on a hook member that extends downwardly from a slot positioned at a predetermined location on each of said first clamp and said second clamp of said clamping assembly.

16. A method for one of raising and lowering a toilet seat without direct contact with said toilet seat, comprising:

- providing an adjustable toilet seat handle comprising:
 - a clamping assembly comprising a first clamp and a second clamp, said second clamp having an angularly bent end, said first clamp connected to said second clamp by a spring member for defining a receptacle that compression fits an undersurface of said toilet seat;
 - a spring member operably connected to a lower surface of said clamping assembly; and
 - a knob rigidly attached to and extending outwardly from said first clamp of said clamping assembly;
- attaching said adjustable toilet seat handle to said undersurface of said toilet seat, said attaching comprising:
 - gripping an inner side surface of said toilet seat by said angularly bent end of said second clamp of said clamping assembly of said adjustable toilet seat handle;
 - expanding said spring member said adjustable toilet seat handle to extend a distance between said first clamp and said second clamp of said clamping assembly to allow said undersurface of said toilet seat to be compression fitted in said receptacle; and
 - compressing said spring member to position said first clamp and said second clamp of said clamping assembly to compression fit said undersurface of said toilet seat, wherein an upper surface of said clamping assembly grippingly contacts said undersurface of said toilet seat; and
- gripping said knob of said adjustable toilet seat handle by a user for said one of said raising said toilet seat in an upward direction and lowering said toilet seat in a downward direction without said direct contact with said toilet seat.

17. The method of claim 16, wherein said adjustable toilet seat handle further comprises a hook member extending

downwardly below said lower surface of said clamping assembly for supporting said spring member.

18. The method of claim **17**, wherein said spring member comprises a loop opening at each opposing end of said spring member for connecting said each said opposing end of said spring member to said hook member.

19. The method of claim **16**, wherein said spring member is a tension spring made of stainless steel.

* * * * *